



COMMUNITY HEALTH
IMPROVEMENT PARTNERS
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SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL

QUESTION, PERSUADE, REFER (QPR)

Suicide Prevention Training

WHAT IS QPR?

QPR (Question, Persuade, Refer) Gatekeeper Training for Suicide Prevention is a 1.5 hour training designed to teach lay and professional “gatekeepers” the warning signs of a suicide crisis and how to respond. Gatekeepers can include anyone who is strategically positioned to recognize and refer someone at the risk of suicide.

SCAN THE QR
CODE FOR
UPCOMING
TRAINING DATES



QPR

2ND AND 4TH THURSDAY
OF THE MONTH AT
10:30AM - 12:00PM



For any questions, please contact the SPC team at
spcsandiego@sdchip.org